



"I have curves—  
most women do  
—and I'm happy  
with them."  
**Beyoncé**

**TRICK OR TREATMENT**



**hangover pill** Backstage at the spring fashion shows, models were popping a pill called RU-21 (\$5 for 20 pills; ru21.com), which reportedly kills signs of a hangover—including puffy eyes and sallow skin. Dubbed the KGB pill because it was developed by Russian scientists during the Cold War, it contains sugar, amino acids and vitamin C. "It neutralizes acetaldehyde, a toxic by-product of alcohol metabolism," says Emil Chiaberi, CEO of RU-21's marketers, Spirit Sciences. There are those who swear by the pill, but Carlton Erickson, Ph.D., a pharmacologist at the University of Texas at Austin, isn't convinced. "Fructose has been shown to increase the breakdown of alcohol, but only minimally," he says. "Can you say 'placebo effect'?"

